

DO NOT WRITE
IN THIS BOX

Printed Legal Name _____

Phone Number _____

Height: _____ feet _____ inches

Do you accept texts at this number: YES NO

Weight: _____ lbs

If an AVUHSD student:

Donor's Birth Date _____ Age on 10/24/19: _____ Age on 2/26/20: _____

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Quartz Hill High School Blood Drives in the Small Gym

Fall: **Thursday, October 24th, 2019 12:00 p.m. – 6:00 p.m.**

Spring: **Wed., February 26th, 2020 12:00 p.m. – 6:00 p.m.**

BLOOD DONATION APPOINTMENTS

BLOOD DONORS MUST BE AT LEAST 17 YEARS AND MEET AGE AND WEIGHT REQUIREMENTS.

*16-year-old students may also donate, but need an additional American Red Cross permission slip.
Go to Room #102 for the additional form.*

You must bring this completed form (and the 16-year-old form if you are 16-years old)
to room #102 to be scheduled for an open appointment time.

*** YOU MUST BRING A VALID ID (i.e. Student ID Card, Driver's License) ON THE DAY OF THE DONATION.
APPOINTMENTS ARE MADE ON A FIRST COME FIRST SERVE BASIS.**

*If the donor is a Quartz Hill High School student, the **Informed Parental Consent** portion must be filled out.*

Informed Parental Consent

I have received and understand the information provided to me and have had an opportunity to ask questions about the information it contains. I hereby give permission for my son/daughter,

_____ to make a voluntary donation of blood to the American Red Cross at any Blood Drives held at Quartz Hill High School during the 2019-2020 school year.

Parent / Guardian Legal Name _____

Parent / Guardian Signature _____

Date of Signature _____

Student's ID Number _____

We will be sending out appointment and reminder cards to students. To make this easier, please provide us with the room number and teacher of your **4th period class**.

Teacher: _____

Room #: _____

For donors under the age of 19, the following height/weight requirements are in effect:

Male donors must weigh 110 pounds or more, depending on their height:

If you are	4'10"	4'11"	5'	5'1"	5'2"
You must weigh at least	118	114	110		

Female donors must weigh 110 pounds or more, depending on their height:

If you are	4'10"	4'11"	5'	5'1"	5'2"
You must weigh at least	146	142	138	133	129

If you are	5'3"	5'4"	5'5"	5'6" or taller
You must weigh at least	124	120	115	110

POWER RED CELL DONATIONS

If you qualify, are you willing to donate via the ALYX machine?

_____ YES _____ NO

Guys must be at least 5' 1" and 130 lbs. 17 years min.

Girls must be at least 5' 5" and 150 lbs. 19 years min.

Must be an eligible type O, A negative or B negative donor

POWER offers a double red cell donation. It takes about 30 minutes longer than standard whole blood donation. The machine removes your red blood cells, but returns your platelets and plasma, so you don't lose the liquid portion of your blood and you may feel more hydrated after your donation.

Return this form to Room 102 as soon as possible!

